

RULES TRAINING MOW SUPPLEMENT

Employees are responsible for complying with GCOR rules and their corresponding MOW supplements that are listed in Chapter 40.0 of the MOW rules*.



EIC

The employee in charge must take every precaution to ensure employees are warned about approaching trains and must ensure warning is provided in time for them to reach a safe place*.

Foremen

Foremen must:

- Supervise and engage in all work performed by their gang and make reasonable efforts to perform work that does not:
 - Result in an unstable or unsafe track condition.
 - Create an unreasonable hazard to employees working on or near the track.
 - Result in a negative environmental impact, including damage from fires.
- Make required reports.
- Call on other foremen for assistance, if necessary*.



Foremen

When called away from work unexpectedly, the foreman must:

- Assign the most reliable person to be in charge.
- Provide definite instructions as to the work to be performed.
- Notify the supervisor*.

Foremen

Foremen are responsible for positioning switches used by their gang*.



Watchman

The employee assigned to warn employees of approaching trains must watch continuously for trains and for signals from other employees indicating a train is approaching*.

Clothing

Employees must not wear red clothes when their duties require them to be on or near tracks*.

Flags & Flagging

All gang vehicles must carry a full railroad flagging kit in approved containers.

- A full flagging kit will consist of **(4) Red flags** and **(6) Red fusees** on Single Track*.

Flags & Flagging (cont.)

When displaying a red flag that is intended to stop train movements:

- ensure that the **full face** of the flag is clearly visible to approaching trains

and

- the flag is displayed at a **right angle** to the track*.

Flags & Flagging (cont.)

Place red flags to the right of the track as viewed by an approaching train when possible*.



Shove Moves

When handling cars ahead of any piece of work equipment and other workers are present at the work site, the operator must ensure that another employee takes an easily seen position **ahead of the move** when shoving cars*.

Trains Over Broken Rail

A track employee must watch a train as it passes over broken rail and must give a **stop** signal when necessary.

A qualified employee, such as a supervisor, foreman or signal maintainer, must **specify a speed** for train movement over broken rail that **does not exceed 10 MPH***.

Trains Over Broken Rail (cont.)

When broken rails are located on a curve, **do not** permit a train to pass over them **unless** they have been secured at the break on both sides of the rail with joint bars or approved clamps*.

Trains Over Broken Rail (cont.)

When broken rails are located on straight track, stop the train at least **200** feet before the broken rails and notify the engineer when it is safe for train movement*.

Track Work & Signals

When track work will affect the operation of signals, notify a **signalman** in advance.



Track Machines

Operators of roadway machines and work equipment are responsible for the **efficient operation and proper care of equipment.**



Track Machines (cont.)

Operators of roadway machines, work equipment and track cars must

- Operate, maintain and lubricate equipment according to manufacturer specifications; and
- Conduct and document thorough inspections prior to operating their equipment.

Track Machines (cont.)

Inspections must ensure that:

- Floors, decks, stairs and ladders provide secure access and footing.
- Flagging kits are available for use and an operative and properly charged fire extinguisher is readily available for use.
- The operator's seat, if so equipped, is structurally sound and the primary braking system is in good working order.

Track Machines (cont.)

Operators must immediately correct or tag out any unsafe condition found during an inspection and assist mechanics with repairs, if required.

